



UNSW
SYDNEY

Guest Lecture

‘Building Resilience: Mental Health and Wellbeing in the Construction Sector’

By: A/Prof. Riza Yosia Sunindijo

Thursday, 5 June 2025

1:45pm to 4:00pm (Jakarta time)

Indonesian graduates and scholars of Australian tertiary institutions who are interested in attending this event, please RSVP by Tuesday, 3 June, via this link:

<https://oz.link/rsvpGL5JUN>

**Due to the limited availability of places, early registration is recommended. A link to this event will be shared with you after registration.*

Lecture overview

Poor mental health among construction workers is rampant with a profound impact on individuals, families, communities, and their productivity and quality of life. The suicide rate of construction workers in Australia is double that of non-construction workers. Given that in Australia the construction industry is one of the largest employers and a large contributor to socioeconomic advancement through the development of infrastructure and affordable housing, improving mental health is an urgent matter for building a secure and resilient nation. This lecture gives a broad overview of mental health and wellbeing in the construction industry with a particular focus on strategies to improve mental health and wellbeing at individual, organisational, and industry levels.

Associate Professor Riza serves as the Deputy Head of School (Research) at the School of Built Environment, UNSW Sydney. His research focuses on work health and safety, as well as human resource management in the construction industry. He has secured nearly AUD 3 million in teaching and research grants and has authored over 130 scholarly publications. He is a World’s Top 2% Scientist according to Stanford University.

A/Prof. Riza is a member of both the Australian Institute of Building and the Chartered Institute of Building. Prior to his academic career, he held various roles in multinational construction companies, including Project Engineer, Sustainability Champion, and Project Manager. During this time, he contributed to several major developments, such as five-star resorts and an international airport.



Riza Yosia Sunindijo

Deputy Head of School & Associate Professor
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